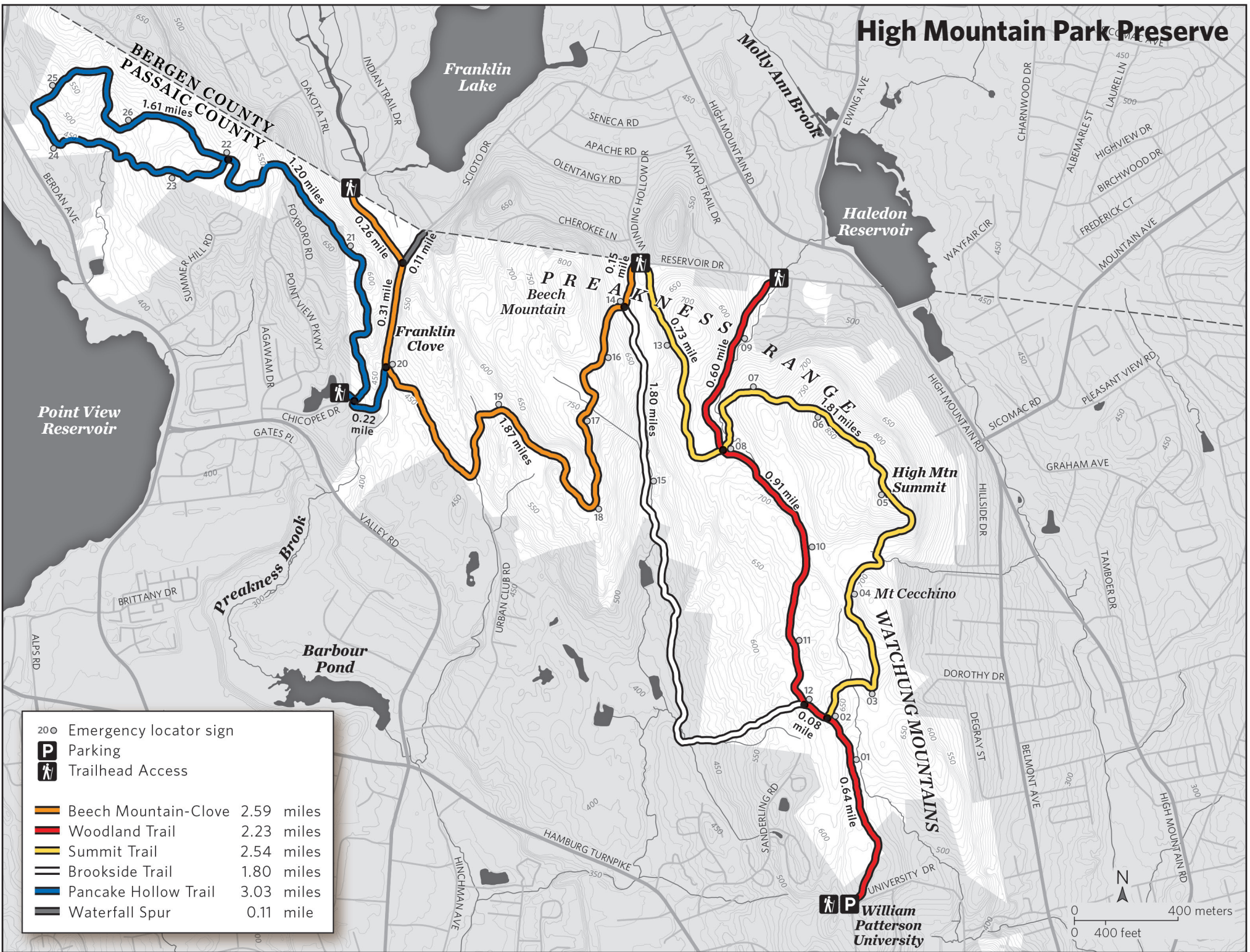


High Mountain Park Preserve

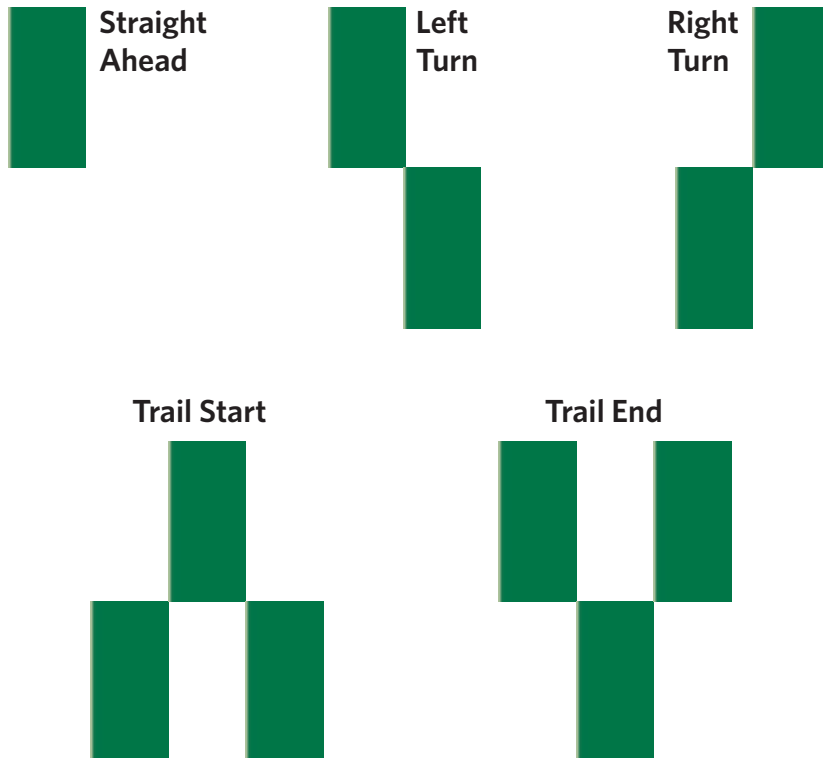


Welcome to High Mountain Park Preserve

If you're looking for a natural oasis without straying too far from civilization, you've come to the right place. High Mountain, at 879 feet above sea level, is the highest peak in the Watchung Mountain range. This preserve has been a favorite of hikers and nature lovers for more than a century. Traffic and concrete give way to trees and birds on these 1,260 acres of open space that offer more than 11 miles of challenging trails, spectacular historic views and even a waterfall or two.

HOW TO READ A TRAIL BLAZE

Ever wonder, what are those rectangles painted on the trees? They are trail blazes that function as a way of guiding people through the wilderness without causing significant impact to a park's natural appearance. As you get further into the backcountry, the ability to read these symbols will become crucial in making it to your destination and, most importantly, finding your way back. Here's how:



PARTNERS AT WORK

The Nature Conservancy



New Jersey
NATURAL LANDS TRUST



Trails in this park are maintained by volunteers through the New York-New Jersey Trail Conference. Learn more about volunteering at nynjtc.org.

